



STUDIO EXHILARATE

TERM 4 2026

AUGUST 3RD - OCTOBER 11TH

POLE & MIXED AERIALS BEGINNER INTRODUCTION CLASS TIMETABLE

	LYRA & SILKS	POLE
TUES		POLE STATIC Beginner Introduction 7:30pm - Tazia / Kylie
WED	MIXED AERIALS (Lyra & Silks) Beginner Introduction 6:00pm - Sharna	
		DROP IN DANCE Pole Flow 8:00pm - Kylie
FRI		POLE STATIC Beginner Introduction 6:00pm - Tazia / Kylie
	MIXED AERIALS (Lyra & Silks) Beginner Introduction 6:00pm - Courtney / Kylie	
SAT		DROP IN AERIALS Aerial Fit (Pole / Lyra / Silks) 9:15am - Kylie
		DROP IN DANCE Dynamic Heels (Fortnightly) 10:30am - Kylie

DOWNLOAD THE GROOVIO APP
TO VIEW BEGINNER CLASS PASSES AND TO BOOK

studioexhilarate.com.au/beginner-aerials