







STUDIO EXHILARATE



SUMMER WEEK 1 - DECEMBER 16TH TO DECEMBER 22ND

	BUNGEE & FITNESS	LYRA & DANCE	POLE & DANCE
MONDAY 16TH	FITNESS CLASS Dance 6:30pm - Kylie BUNGEE Beginner Foundations 7:30pm - Courtney		POLE STATIC (adv/elite) Revision Combos 7:30pm - Kylie
TUESDAY 17TH	FITNESS CLASS Ignite 5:45pm - Courtney BUNGEE Routines & Combos 6:30pm - Courtney	 LYRA (elite) Revision Combos 7:30pm - Kylie LYRA (inter/adv prep/adv) Splits & Stradles Combos 8:30pm - Jo	POLE STATIC (all levels) Splits & Stradles Combos 6:30pm - Kylie POLE STATIC Beginner Foundations 7:30pm - Sharna BEGINNER POLE/CHAIR Sexy Santa Routine 8:30pm - Kylie
WEDNESDAY 18TH	FITNESS CLASS Dance 7:00pm - Christine	 LYRA Beginner Trial (45 mins) 6:00pm - Felicity	POLE DANCE Beginner Trial (45 mins) 6:00pm - Kylie POLE DANCE (all levles) Trending Tricks 8:00pm - Kylie
THURSDAY 19TH	BUNGEE Elite (Invite Only) 5:30pm - Kylie FITNESS CLASS Strong 6:30pm - Sharna		POLE SPIN Beginner Trial 5:30pm - Sharna POLE SPIN (beg/inter) Trending Tricks Combos 6:30pm - Lynn POLE SPIN (adv/elite) Revision Combos 7:30pm - Kylie
FRIDAY 20TH	FITNESS CLASS Dance 9:30am - Kylie		
SATURDAY 21ST	FITNESS CLASS Ignite 8:00am - Kylie	LYRA PHOTOSHOOTS KB Photography 9:30am - 12noon	POLE PHOTOSHOOTS KB Photography 3:00pm - 5:00pm

