



STUDIO EXHILARATE

TERM 5 2025 - FINAL TERM
OCTOBER 13TH - DECEMBER 21ST

	BUNGEE + FITNESS	LYRA + SILKS	POLE + DANCE
MON			DROP IN DANCE Inter/Adv Pole Flow 5:30pm -Kylie
	FITNESS Dance Fitness 6:30pm - Kylie		
		LYRA Beginner 2 7:30pm - Kylie/Courtney	POLE STATIC Elite 7:30pm - Kylie/Blair POLE STATIC Advanced 1 8:30pm - Lynn
TUES	FITNESS Ignite 5:45pm - Courtney		
	DROP IN BUNGEE Dance 6:30pm - Courtney		POLE STATIC Intermediate 1 6:30pm - Sharna
		LYRA Elite 7:30pm - Kylie LYRA Advanced 1 8:30pm - Jo	POLE STATIC Beginner 2 7:30pm - Sharna POLE STATIC Advanced 2 8:30pm - Kylie
WED		LYRA Advanced 1 6:00pm - Felicity	POLE STATIC Advanced Prep/Inter 2 6:00pm - Kylie
	FITNESS Dance Fitness 7:00pm - Christine		POLE FOUNDATIONS Beginner Static 7:00pm - Kylie
		SILKS Beginner 2 8:00pm - Kylie	
THURS	DROP IN BUNGEE Beginner Foundations 5:30pm - Sharna		POLE SPIN Beginner 1 & 2 5:30pm - Kylie
	FITNESS Strong 6:30pm - Sharna		POLE SPIN Intermediate 1 & 2 6:30pm - Kylie
	BUNGEE Elite - INVITE ONLY 7:30pm - Kylie/Courtney		POLE SPIN Elite 7:30pm - Kylie/Blair
		SILKS Intermediate 2 8:30pm - Kylie	POLE SPIN Advanced Prep / 1 8:30pm - Lynn
FRI	DROP IN BUNGEE Beginner Foundations 6:00pm - Courtney		POLE FOUNDATIONS Beginner Static 6:00pm - Kylie
		MIXED AERIALS (Lyra & Silks) Beginner Foundations 7:00pm - Courtney/Kylie	DROP IN DANCE Beginner Exotic Heels 7:00pm - Holly
SAT	FITNESS Ignite 8:00am - Kylie		
		DROP IN DANCE Strut & Slay Heels Chair Class 10:30am - Kylie	DROP IN AERIALS Aerial Fit (Pole & Lyra) 9:15am - Blair

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