

EXHILARATE JUNIORS

STUDENT INFORMATION PACK

SILKS LYRA HAMMOCK
TRAPEZE POLE ACRO DANCE

STUDIO EXHILARATE
www.studioexhilarate.com.au
2 Edols Pl, North Geelong 3215

MEET THE TEAM



KYLIE

Trapeze,
Hammock, Silks,
Lyra & Acro Dance



SHARNA

Silks & Lyra



KEERYA

Acro Dance



AIMEE

Silks, Lyra & Pole



FELICITY

Lyra

CLASS AGE GROUPS

EXHILARATE TINIES

Suitable for pre-school children aged 2-5 years of age.

Learn skills in basic tumbling, balance, silks, juggling, hula hoops, and more under the supervision of our qualified teachers.

Tinies will explore movement, gain confidence and learn new physical motor and social skills as our classes incorporate fun and play to support social, physical and emotional development.

EXHILARATE KIDS

Circus Classes (Trapeze & Hammock or Lyra & Silks)

Suitable for primary school children in Grades Prep - 6

Pole Classes & Acro Dance Classes

Suitable for primary school children in Grades 2 - 6

Kids will master skills to progress through class levels while building confidence, autonomy, fitness and strength in a fun, supportive environment.

Classes run in a circuit style under the supervision of our qualified teachers.

Students will also partake in low impact fitness and stretch routines to build strength, support mobility and aid recovery.

EXHILARATE TEENS

Suitable for High School Students Grades 7 - 12

Mixed Aerials (Silks & Lyra) for all new beginners

Silks Classes - Intermediate & Advanced Levels

Lyra Classes - Intermediate & Advanced Levels

Teen classes begin with Mixed Aerials as an introduction. Once the beginner class is completed, they will be able to move into an intermediate class for Silks or Lyra.

Teen classes are single apparatus.

Classes include warm ups and stretch routines to build strength, support mobility and aid recovery.

REGISTRATION

Ready to register your child or children for our Juniors classes?

1. Make sure you have reviewed the info pack and timetable to make sure classes are available that suit your child's age and availability.
2. Email us at info@studioexhilarate.com with student name, age, school year level and what class or classes they wish to attend
3. We will then send you a link to register and pay the yearly enrollment fee.
4. You will also be sent a link to sign up to a membership and set up your weekly payments.
5. Classes can only be booked once the membership and payment details are set up.

TERMS, BOOKINGS AND CHANGES - KEY POINTS:

- Juniors Classes are generally opened up for bookings in Late January
- Exhilarate Juniors Classes follow the Victorian School Terms.
- Students must be booked in to each individual class for the term.
- All Memberships & payments are paused during school holidays.
- Your membership automatically rolls over to the next term unless you advise us otherwise.
- If you want to cancel or change a membership this must be advised to the studio at least 2 weeks prior to the beginning of the upcoming school holidays.
- Changes only be made in our systems before the next term starts and cannot be made during the school holiday pause period.
- If you choose to cancel at any point during a current term you are liable to see out your membership until the end of that current term.

UNIFORM

For safety, students must wear clothing that is appropriate for their class.
Uniform/outfits for each class/apparatus are listed below.

TINIERS

Studio Exhilarate Tee

Long fitted black pants/leggings (not wide leg or flare)

Bare feet

Long hair tied back into a secure ponytail or bun

Short hair secured back from the face with hair pins or fabric headband

No jewellery or watches

SILKS, LYRA, TRAPEZE & HAMMOCK

Studio Exhilarate Tee

Long fitted black pants/leggings (not wide leg or flare)

Bare feet

Long hair tied back into a secure ponytail or bun

Short hair secured back from the face with hair pins or fabric headband

No jewellery or watches

POLE

Studio Exhilarate Tee / Singlet / Crop

Black Shorts

Bare feet

Long hair tied back into a secure ponytail or bun

Short hair secured back from the face with hair pins or fabric headband

No jewellery or watches

ACRO DANCE

Studio Exhilarate Tee

Fitted black pants/leggings or shorts (not wide leg or flare)

Bare feet

Long hair tied back into a secure ponytail or bun

Short hair secured back from the face with hair pins or fabric headband

No jewellery or watches

2026 TERM DATES

TERM 1	TERM 2	TERM 3	TERM 4
29TH JAN to 2ND APR	20 APR to 26 JUN	13 JUL to 18 SEP	5 OCT to 18 DEC
9 WEEKS	10 WEEKS	10 WEEKS	11 WEEKS
MON 9 MAR LABOUR DAY	SAT 25 APR ANZAC DAY MON 8 JUN KINGS B'DAY	FRI SEP (TBA) GRAND FINAL HOLIDAY	WED 21 OCT GEELONG CUP TUES 3 NOV MELBOURNE CUP

In 2026, Easter falls on the first weekend of April school holidays

- Fri 3 Apr - Good Friday
- Sun 5 Apr - Easter Sunday
- Mon 6 Apr - Easter Monday

Any class falling on a public holiday will be moved for that week.
We will provide updates during the year on public holiday closures.

STUDIO EXHILARATE EVENTS



SAT MAY 2ND

FEARLESS

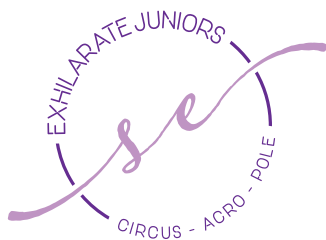
The Studio Exhilarate In-House Aerial Competition



SAT DEC 5TH

JUNIOR SHOWCASE

End of Year Performance for Juniors



FREQUENTLY ASKED QUESTIONS

HOW OFTEN DO CLASSES RUN AND DO THEY RUN ALL YEAR?

There is one class in each apparatus per week.

The classes will in line with standard Victorian School Terms.

Classes will not run during the school holidays. Classes will not run on public holidays.

If your regular class falls on a public holiday we are not open for, we will do our best to reschedule to a different day or give you a class credit which can only be used within the current term.

No refunds will be given for missed classes.

All class schedules and content are subject to change.

While Studio Exhilarate uses its best efforts to operate classes as per the timetable published on the website, in some instances changes are required due to fluctuations in demand and instructor availability. No guarantee is made that classes will run per the timetable.

Any changes required will be communicated to those affected prior to the date classes commence.

DO I HAVE TO REGISTER FOR EACH TERM OF THE YEAR?

You only need to register once to lock in your child's class for the entire year.

Your membership will roll over to the next term unless you advise otherwise.

HOW MUCH ARE CLASSES? DO WE PAY BY TERM OR BY CLASS?

Payment is to be made per week via direct debit. This is set up in the groovio app when you purchase the membership.

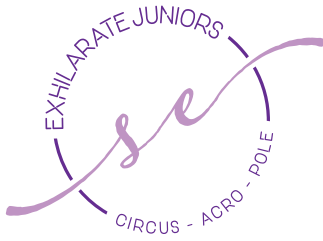
2026 FEES

All Juniors		Exhilarate Tinies (30 min)	
Annual Registration & Insurance Fee	\$50	1 Class	\$15
WEEKLY FEES			
Exhilarate Kids (1 hour)		Exhilarate Teens (1 hour)	
1 Class	\$25	1 Class	\$29
2 Classes <small>Save 10%</small>	\$45	2 Classes <small>Save 10%</small>	\$52
3 Classes <small>Save 15%</small>	\$64	3 Classes <small>Save 15%</small>	\$74
4 Classes <small>Save 20%</small>	\$80		

SIBLING DISCOUNTS

We do offer a small reduction of fees when multiple members of a family are enrolled at the studio.

- Child 1 - full fee
- Child 2 - 5% off
- Child 3 - 10% off
- Child 4 - 15% off



FREQUENTLY ASKED QUESTIONS

ARE THERE ANY OTHER FEES?

A Studio Tee is required and can be purchased from the studio
Costume hire fees may apply for showcase participants.

DO YOU HAVE ANNUAL CONCERTS?

We hold a Junior Showcase at the end of the year at the studio.
The 2026 date is Saturday December 5th - 2pm
More details will be provided to participating families in Term 3 or 4.

WHAT IF MY CHILD IS SICK?

If your child is unwell we ask that you keep them home to protect the health of the other students and the instructors.

If your child is unable to attend class please let us know as soon as possible via email or groovio chat.
We understand that kids can be fine one minute and unwell the next but we appreciate as much notice as possible if your child will not be attending class.

If your child is unwell and unable to attend a class they may be able to attend a class on a different day as a make up lesson subject to availability..

No refunds will be given for missed classes.

ARE INSTRUCTORS TRAINED?

Our Juniors instructors complete extensive training in each apparatus and are all experienced aerialists themselves.

Our Instructors are required to maintain their training by completing refreshers and new courses when the are introduced.

Our instructors have First Aid training and all have Working with Children checks.

DO YOU SUPPLY ALL THE EQUIPMENT?

Yes, All equipment used in the classes is supplied. The cost of circus equipment and its maintenance is covered in the class fees.

ARE PARENTS ALLOWED TO STAY DURING CLASSES?

Our Tinies classes are parent-involved classes. Parents will participate in the class with their pre-schoolers.

To allow the older students to focus on their class and build a sense of autonomy we ask parents of our Primary & High School aged students to wait in reception or in your car in our carpark. Alternatively, a lot of parents use the time to get some errands done.

Students will not be permitted to leave the studio alone. Parents must come in to reception to collect students after class.

DO YOU RUN CASUAL CLASSES?

No, our classes are membership only. We expect regular attendance from our students to maintain a high standard and enable us to work toward a professional annual concert. The majority of our students stay on for the entire year.

We will occasionally offer school holiday workshops that can be attended by anyone.

STUDIO EXHILARATE - STUDIO POLICIES

PARENT ATTENDANCE

Our classes are designed to help your child learn more than just circus skills.

The syllabus also includes focus on learning and development of social and behavioural skills.

Our Tinies classes are parent-involved classes. Parents will stay and participate in the class with their pre-schoolers.

Kids & Teens parents/carers (once your child is settled) are welcome to wait in reception, in your car in our carpark or use the time to get some errands done.

We appreciate your cooperation and understanding.

DROP OFF / RECEPTION

We recommend trying to arrive to class 5-10 mins earlier than the start time, so that your child does not feel rushed and has time to settle in.

Please wait quietly in the waiting room until teacher collects students for their class.

Parents are requested to supervise their child whilst waiting in the waiting room until the instructors are ready to welcome students into the studio for their class.

Students & families should not enter a class while it is in progress.

In some cases, if you are late and miss the warm up, you may have to wait to participate and may not be able to join the class immediately.

The reception area is small so we ask that you make room for others and for safety reasons we ask that students do not play or practice in the reception area.

Please keep all entrances and exits clear for traffic flow.

Please do not climb or play on our chairs or other furniture.

We expect you to respect our studio facility and property. You will be held liable for any damage made to property in or around the studio.

PICK UP

Students will not be permitted to leave the studio without a parent or guardian.

Parents please pick students up from reception ON TIME - we have other Studio classes running afterwards and there will likely be no-one to supervise your child if you are late.

FOOD/DRINK

No food is to be brought in to the studio.

Please dispose of any gum, food or drinks other than water before entering the studio

All students should bring a water bottle to class. Bottles of water are available to purchase at reception if needed.

Please clean up after yourself and dispose any rubbish in the bins provided.

CAR PARK

We share a cul de sac and car parking area with other businesses, cars and trucks - there should be no playing in the carpark area or at the front of the studio.

Children must be supervised at all times outside the studio. This is imperative for the safety of your children and our surrounding neighbours.

Please respect our neighbours by keeping clear of their buildings and entry ways, keeping noise outside to a minimum and cleaning up any rubbish.

There are plenty of carparks close to the studio but if you do have to park further away please ensure you and your child are practicing safe road crossing procedures.

The cul de sac is a 2-way street with a parking island in the middle and 2 entry/exit points, so please be aware of vehicles entering and leaving from both sides of the street.

STUDIO SAFETY

No Food or Drinks other than water are to be taken into the studio.

No chewing gum or bubble gum permitted in the studio.

Please do not use any studio equipment or props unless instructed by the teachers.

We kindly remind our students not to run in studio

Students are not to touch or lean on wall mirrors

If a student is required to bring a mobile phone it must be switched to silent and not to be used during class and become a distraction.

We have cubes for belongings to be stored in, bags and shoes must be stored in these cubes for safety of other students. iPads or other electronic devices should be left at home or in the car to avoid distraction during class.

PHOTOGRAPHY/FILMING

For child safety reasons Students and Parents are not permitted to video or photograph classes, students or staff at anytime, or whilst in our dance studio unless given permission by the staff or individuals involved.

Often our instructors will record or photograph students during class to track progression and provide parents/carers with updates.

Occasionally Studio Exhilarate may seek parent/carer permission to publish these photos/videos to our social media or website for advertising purposes.

Images will not be published without approval from Parents/Carers.

BEHAVIOUR / CONDUCT

At Studio Exhilarate we pride ourselves on being an inclusive, safe space for all and as such we will not tolerate, from students, parents/carers, family members or any visitors the following::

- Swearing
- Indecent language and conduct
- Disrespectful language and conduct
- Negative language and conduct
- Bullying (physical, verbal or social)
- Abusive speech or behaviour

Any individual who demonstrates any of the above behaviour will be asked to leave the studio immediately and membership may be revoked.

This behaviour includes inside the Studio, outside the Studio, at Studio run events or showcases and on social media or on the internet.

Negative communications between parents and/or students will not be tolerated. Where negative communications take place, the parents and students involved will be asked to forfeit membership. This includes inside our Studio or outside the studio, on social media, or on the internet.

Any person who does not comply with our policies and Terms and Conditions will forfeit their membership and will not be entitled to refund.

BULLYING

We have a zero tolerance bullying policy.

The following will not be tolerated from students or parents, carers, family members or visitors;

in person, via email, phone or online:

- Verbal abuse or shouting
- Physical abuse
- Body Shaming or commenting on others bodies
- Social exclusion or isolation
- Psychological harassment
- Humiliation via sarcasm, criticism or insults.
- Ignoring or criticising contributions or opinions of others.

Any individual who demonstrates any of the above will be asked to leave the studio immediately and membership will be revoked.

HEALTH & SAFETY

Studio Exhilarate has created a safe space for their students - both physically and emotionally.

Emergency procedures exist and staff are trained in the procedures.

Studio Exhilarate staff have a responsibility and authority to ensure that the health and safety of members, staff and visitors is met.

Any unsafe acts, procedures, conditions, equipment, and hazards of all kinds will be flagged and rectified/eliminated.

Behaviour from students, parents/carers or visitors that may cause an unsafe environment, shall not be tolerated.

It is the responsibility of the student or parent/carer to inform Studio Exhilarate of any prior or current medical conditions, illnesses or injuries prior to enrolment or prior to the start of class.

In the event of an injury, Studio Exhilarate staff will provide First Aid treatment and complete an incident report.

Our Instructors hold current First Aid certifications and certifications are updated regularly.

If medical services are necessary and an ambulance required, the student/parent will incur any costs associated.

Physical contact may be required.

If your Child has any allergies you MUST advise the Studio in advance.

If your child has been diagnosed by a Medical Practitioner as being at risk of anaphylaxis you should bring an epipen to class and leave it at reception, labelled with their name. This epipen will be administered by a first aider if required, under the instruction of 000 staff if an emergency arises. It is the responsibility of the parent/carer to take note of the expiry date and ensure the epipen is replaced if expired or used.

FEES & PAYMENTS

Juniors Membership fees are to be paid via direct debit, weekly.

If fees become more than 14 days overdue - your child's class access will be suspended until full payment is made. Payments for the term will continue to accumulate.

We do not issue refunds on term payments or missed classes.

UNIFORM POLICY

Uniform is compulsory for all students.

The set uniform consists of a Studio Exhilarate Tee and black leggings/shorts depending on the class.

Uniform must be worn to all classes.

Long hair should be tied back into a ponytail or similar and short hair is to be tied or pinned back off the face.

HOT WEATHER POLICY

On high temperature days, our program will be adjusted for the comfort of our students and teachers.

We have fans and air con inside the main studio that will be utilised.

Classes may run at a less intense level, drink breaks offered more frequently, cardio based routines may be swapped for stretching, technique and dance related exercises that are gentler.

Our large roller door may also be opened to allow increased airflow.

ATTENDANCE/LATE ARRIVAL POLICY

Parents/carers are responsible for advising if their child will not be attending or will be running late for class.

If your child is unable to attend a class for any reason, please advise us via email or groovio message providing as much notice as possible.

If your child is unwell we ask that you keep them home to protect the health of the other students & instructors.

We understand that kids can be fine one minute and unwell the next but we appreciate as much notice as possible if your child will not be attending class. No refunds will be given for missed classes.

If a your child is going to be late to class we ask that you send us an email or groovio chat to let us know, this allows instructors to plan accordingly.

In some cases, if you are very late and miss the warm up, your child may have to wait to participate or may not be able to join the class.

SHOWCASES & COSTUMES

Annual end of year Showcase performances are not compulsory.

Showcases are normally held on a Saturday or Sunday. You will be advised well in advance of dates and times of upcoming showcases and be given the opportunity for your child to participate.

Showcase routines are built into and taught during the regular, scheduled class time.

Children participating in a showcase will be required to attend a dress rehearsal and a pre-showcase meeting on the day of showcase.

Showcase tickets are limited and are available to purchase by the general public, normally a few weeks in advance of the showcase date.

Costumes for showcase concerts may be provided for hire by the studio or parents may be requested to purchase or make a costume. You will be given advance notice of the showcase dates and costume requirements

If a costume is hired by the studio, costume fees will not be refunded once the costume hire fee is paid.

If a costume is required to be purchased or made by the parent/carer this will be at their own cost with no reimbursement from Studio Exhilarate. We will always endeavour to ensure the cost of purchasing or making a costume is accessible for all families.

Any purchased or homemade costume remains the property of the student/parent/carer

If your child decides to not perform at showcase or concert, you will not be required to pay costume fee.

COMPETITIONS

Junior Students are welcomed to enter Fearless, our Annual In House Aerial Competition

The 2026 Competition will be held on Saturday May 2nd. We have specific categories for our Junior Aerialists.

The 2026 Fearless Information Pack will be available closer to the comp date, for any student (Junior or Adult) wishing to enter. Private coaching sessions to assist with routine & choreography will be made available to all entrants but do incur additional fees.

COMMUNICATION POLICY

Where the student is under 18 years of age, they must have a parent/carer manage their enrolment.

All membership communications will be emailed to the parent/carer, at the provided email address. It is the responsibility of the primary parent/carer to read newsletters and emails that Studio Exhilarate send.

Please do not contact staff or teachers via their personal social media platforms.

All communication must be forwarded to our admin team via info@studioexhilarate.com.au

STUDIO EXHILARATE CODE OF CONDUCT FOR STUDENTS

I will:

- Arrive on time to each class to avoid disrupting my teachers and other students, and begin to warm up before the start time of my class;
- Wear the correct uniform to class as per the uniform requirements, including hair;
- Conduct myself with behaviour that is positive, inclusive and safe at all times;
- Be honest and kind in my attitude to group work, by working equally hard for myself and my peers;
- Be upfront and honest with my Instructors concerning illness, injury, and my ability to participate in each class;
- Respect the Studio by putting all rubbish into bins and keeping them neat and clean for the safety of myself and others;
- Respect and care for all apparatus, props, equipment, costumes and class mates.

I will not:

- Bully, gossip about, or isolate other students
- Use my mobile phone or tablet in class, in reception during my class time, or in any other area of the Studio during class;
- Share images or video of classes in progress or other students via messenger or similar messaging apps as this could breach copyright and our Child Safety Policy;
- Leave the Studio Exhilarate premises without a parent/guardian or prior parental permission.

STUDIO EXHILARATE CODE OF CONDUCT FOR PARENT/CARERS

I will:

- Ensure my child arrives to class on time, or give advance notice they will be late to or absent from class;
- Conduct myself with behaviour that is positive, inclusive and safe at all times;
- Behave in a kind and positive manner when dealing with my child, Studio Exhilarate staff, students and other parent/carers;
- Be proactive and honest with Studio Exhilarate Staff concerning illness, injury, and my Child's ability to participate in class;
- Respect the Studio by putting all rubbish into bins and keeping them neat and clean for the safety of all;
- Respect and care for all apparatus, props, equipment, costumes, students and parents
- Collect my child on time at the end of the class from the reception area.

I will not:

- Engage in any form of bullying or negative behaviour toward Studio Exhilarate Staff, my child, other students or other parents/carers.
- Take photos or videos of any class in progress or of any students other than your own child;
- Share images or video of classes in progress or other students onto Facebook, Instagram, YouTube, or other social media and similar sites or messaging apps as this could breach copyright and our Child Safety Policy;

ENROLMENT AGREEMENT

When signing up to a membership you are entering a binding agreement with Studio Exhilarate and it is expected by Studio Exhilarate, that you:

Have read and understood all Studio Exhilarate Studio Policies, Terms and Conditions and Codes of Conduct included in this document and also provided to you on the groovio app at the time of purchase.

Understand that becoming a member of Studio Exhilarate requires the acceptance of and adherence to all the listed Terms and Conditions & Codes of Conduct.

Agree to and are committed to attend the classes chosen for the term

Commit to our payment terms

Will adhere to our uniform requirements.

Understand for child safety purposes parents or guardians are not permitted to video or photograph inside the studio.

Understand and agree for copyright and child safety purposes you or your child will not share any images or videos of classes or routines to social media or similar online sites or apps.

CONTACT INFO

If you have further questions about the Exhilarate Juniors classes, our policies or anything that has not been covered in this information pack please get in touch with our admin team:

info@studioexhilarate.com.au

The information provided in this pack is also available on our website:

www.studioexhilarate.com.au/juniors

Follow us on social media:

www.facebook.com/studioexhilarate

www.instagram.com/studioexhilarate

We look forward to hanging out with you soon!

Kylie & The Studio Exhilarate Team